

Dental *focus*

Holistic dentistry for total health

By removing fluoride, mercury, metals, and infections from your mouth, your dentist can help remove the obstacles to your health and well-being.

Helping you achieve your health goals

Choices: they are made by us and for us every day. Some are pretty easy and can be made quickly, like deciding whether to go to school or work that morning. Some are hard and weigh on our minds, like deciding who to marry or whether to purchase a house. The consequences of these choices can be felt immediately or far into the future. And when the consequences can affect our lifestyle, health, or well-being.....

What if you don't realize choices exist, and you don't understand what you are really giving up? What if you aren't even given a choice—you're simply given the conven-

tional path to follow, because that is "how it has always been done"? It is a path that has been worn deep by countless others, and it is a path that is already familiar to you. So, you give little consideration to the alternative routes...even if they could be more satisfying and less harmful to your physical and mental health.

Take that "silver" filling in your molar, for example. Your decision to get the "silver" filling rather than the porcelain or composite one probably didn't bother you at the time. *See Dr. Garcia's New Book on our website at drlinagarcia.com under articles.....*



Non-Metal Implants

Non Metal Implants have been available for 14 years throughout Europe. I have brought them here to this country after extensive research and training. They are made of FDA approved and lab tested Zirconia. The benefits of these new implants are very exciting for our patients health. We are so pleased to bring the latest technology to our office. Please call and make an appointment with our office.

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